

# Child Motivational Program

Sometimes if we're doing something for someone else, especially a child we're more motivated to do something!

Use a child to motivate you to be consistent and to create a *HABIT* in December.

**STEP 1:** Choose a child (*preferably one that will nag you!*) between the ages of 4-18.

**STEP 2:** Take the child to their favorite store and tell them to choose a special toy/prize that they'd like to have (keep price around \$20) Take a picture of their prize, print it out, and attach it to this paper to motivate you to be consistent.

**STEP 3:** Tell the child that when you **book every day for 30 minutes and meet 5 new leads every day for 21 days in a row**, you will take them back to the store and purchase the item for them.

**YOU MUST BOOK FOR 30 MINUTES A DAY & MEET 5 NEW LEADS EVERY DAY FOR 21 CONSECUTIVE DAYS. IF YOU MISS A DAY YOU MUST START OVER!**

***It takes 21 days to create a HABIT!***

**my prize\***



**You WILL develop the HABIT of consistent booking, and you WILL increase your customer base and your income!**

Start Date: \_\_\_\_\_

End Date: \_\_\_\_\_

<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>	<b>7</b>
<b>8</b>	<b>9</b>	<b>10</b>	<b>11</b>	<b>12</b>	<b>13</b>	<b>14</b>
<b>15</b>	<b>16</b>	<b>17</b>	<b>18</b>	<b>19</b>	<b>20</b>	<b>21</b>

***\*Please give your commitment card to your director so she knows you're committed.***