

Weekly PREP SHEET for Coaching Call

Name:

Date:

1. What is my greatest win since my last call session?
2. What I wanted to get done but didn't...
3. What's happening within personal business or team?
4. What I would like to focus on during our coaching call...

My business activity since our last session:

Parties (3 or more together) _____

Sales: _____

Faces: _____

Personal Interviews: _____

Other Activity: _____
